



III INTERNATIONAL CONGRESS applied PSYCHOLOGY SOCCER (AIPAF)



Dear friends:

In the last decade some consensus has appeared about developing the potential of the players. How does this affect our work as psychologist? What is that demanding us as professionals?

Many leaders of football academies, in their projects, speak about the need for long-term vision, speak about a personal and professional development of players, everybody speaks about creative players or “thinking players”. But neither the structures nor the contexts change to deploy that process. Having consensus on these values, what is it happening in practice?

Are our practice opened to possible emerging issues?

AIPAF is a partnership committed to practice with the life experiences of coaches, psychologist and all those professionals who are not satisfied with “rutine bussines” fleeing demagogy and enough concern and courage to improve professional practices.

The approach of this Congress starts from two main keys: one of them refers to the object of reflection on which we will explore: the coach and the coach-player relationship from the learning point of view; in the other key has to do with the method: reflection on actions, which takes place in a context of dialogue. We reflect on our actions as professional of psychology. This method is characterized by sharing with others the personal experience. Impregnated/steeped in knowledge, beliefs, prejudices, theories and values. It is in this exchange where we contrast and question our world believes and the others. In this interactions people can gain new insights that allow us to understand our world and to project actions from these new understanding and therefore in a different way.

This process of building new understanding to address the actions will require a thoughtful process. To begin this journey, AIPAF will allow us to look into these topics together in the next Congress.

María Ruiz de Oña
AIPAF President



AIPAF



TRAINING AND DEVELOPMENT COACH

Success coach depends on things that are not trained in the field.

May, 26, 27 and 28, 2016

Venue: DEUSTO UNIVERSITY (Bilbao)

Today, high performance sport is becoming more demanding, not only in terms of physical and tactical concepts, but in relation to other aspects that are sometimes less clear, such as creating relationships, transformation, management, personal growth, building projects. Moreover, what was once useful today no longer serves us and not that it is bad, it is simply not useful. Today professional spaces around the player must be allowed to help them surface/flourish more and to develop new resources.

Working with amateur and high performance athletes is a complex process, it is no longer just about “scoring goals”, we want the player to think, to understand the game, to communicate, to handle adversity, to channel their emotions, work within a team, i.e. we want players know to compete. But, are we creating opportunities to develop this? How Come? Am I developing me/myself? Actually, I facilitate ‘What This Is’? Many times, this challenge leads us to our limits as professionals, forcing us to expand our knowledge and understanding of where I am and where I need to be.

This involves looking at Learning as a value for those who work in the environment of the player: coaches, trainers, doctors, physiotherapists, managers, psychologists ... Why do we need to learn today? What do we mean by learning? What are the axes of professional improvement? What are the axes that help to make us better?

When we have a need to improve something, we wonder what is going on? We feel lost and we do not know what to do. At first we cling to the mantra of “greater effort” but when the more of it does not lead to a better result, we are facing a nonlinear reality and therefore it is time to make qualitative changes, from how much (do more) to how (do differently).

The International Association of Applied Psychology in Football (AIPAF, National Register of Associations Group 1, Section 1 National Number 605634) and the University of Deusto organize the III International Congress with the aim of improving professional practices of all those who participated in the development players and optimizing performance.

The Third Congress CIPAF some thoughts about what we do and how we do on issues such as:

- The personal and sport growth as two indivisible aspects of the same process of development.
- The real connection between player and coach, how to approach helps to understand each circumstance, being the leadership the most decisive variable for the value and health of the team.
- If I as a coach can not connect with what I get will be very difficult to understand what is happening to another. Looking inward is an opportunity to be seized and enjoy.
- To compete involves working the mental aspect, technical-tactical and physical and that all these factors are connected and interacting with others, most of the time around.
- Psychologists are part of all these processes. How we are building as professionals face with it?

 AIPAF



Communications Abstract submission

Interested persons may submit an abstract of their communications (minimum 300 and maximum 500 words) before the day March 15, 2016 e-mail to the following address: aipafpresidenta@gmail.com

In summary, the following information must be included

- Communication –title
- Name and surname of the author / authors
- Professional address and / or personal
- Contact phone number
- Email address
- Short biography (maximum 150 words).

Acceptance of papers will be notified on March 30, 2016

For additional information

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REGISTRATION FEES TO THE AIPAF INTERNATIONAL CONGRESS

	Before 1st of April	After 1st of April
PARTICIPANTS	130 €	150 €
REDUCED FEE : STUDENTS, UNEMPLOYED PARTICIPANTS	65 €	75 €
AIPAF PARTNERSHIPS	65 €	75 €

To the members of AIPAF who have done their registration before hand, can attend the General AIPAF Assembly and can also participate in the Fourth Meeting of Psychologists of Sport Football Teams.

Participants who became members of AIPAF prior to September 15, 2015, have a free registration to the AIPAF International Congress

PAYMENT

Transfer to AIPAF account, clearly indicating full name and "AIPAF BILBAO CONGRESS". PLEASE, attach copy of payment and send it to: aipafsecretario@gmail.com.

bank account: HOLDER / ES: ASOC APPLIED PSYCHOLOGY INTERNATIONAL FOOTBALLC.C.C: 0049 2833 98 2596074300

I.B.A.N: IBAN ES62 0049 2833 9825 9607 4300

CONGRESS PROGRAM

THURSDAY, 26 MAY

9'30

INFORMATION COLLECTION

10'30

AIPAF INTRODUCTION

Distinguishing what is the role of the coach in talent development and in the professional world. We need to understand it well, listen to it and figure out what kind of coach/es our organizations need nowadays. Therefore, what kind of development process we are talking about and seek in any case a collective commitment to that process.

11'30

CAFFE

12'00

OPENING CONVERSATION. How do I build (develop) as a coach?

We have to understand who or what we are leading, in order to know what competence we need to have and which of them we need to improve.

Guest Speakers: MARK NESTI (St. John University of Liverpool)

What is asking for high performance soccer football clubs? How does that demand involve on professional psychologist, coaches, team managers working on the development of the player? How does that affect the role and function of the psychologist in football clubs? And what personal and professional training need or will need to cope with new scenarios?

13'30

LUNCH

16'00

PANEL DISCUSSION: HUMAN FACTOR: Self Questioning & Learning.

Why need to learn nowadays? What do we mean by learning when we talk about to develop talent? What are the cornerstones of professional improvement? What are the axes that we take what we do better?

Guest Speakers: CHRISTIAN LUTHARD (Bayer Leverkusen). PILAR RUIZ DE GAUNA (UPV). DAVID PRIESTLY del Arsenal FC

18'30

DIALOGUE "The relationship with oneself".

The success of the coach depends on the inner place from where he operates. What is this inner place?

20'00

BUILDING SYNERGIES. "Poteo" in Bilbao

FRIDAY, 27 MAY

9'30

COMMUNICATIONS: "Development of coaches"

10'30

PANEL DISCUSSION: Interaction Factor & LEADERSHIP

What impact do coaches have on the Players' development process? To understand the impact that we have on players, as coaches, we must be aware of where we direct or implement the impact. Not all communication models allow us to develop players.

Guest Speakers: CRISTINA FINK (Philadelphia Union). MARTIN LITTLEWOOD (Everton FC). ENTRENADOR (Athletic Club de Bilbao). UNAI MELGOSA (Dinamo de Kiev)

What kind of relationships generate personal development? What are the keys to develop learning relationships? What is the role of the coach in this? What is the approach of psychologists to address/to build this kind of relationship to develop talent?

11'30

CAFFE

12'00

DIALOGUE " The relationships between coaches & players"

Player performance depends on the type of relationships we build. The coach and the player exchange thousands of contacts. But, how real, deep, shallow and meaningful those contacts are?

13'30

LUNCH

16'00

PANEL DISCUSSION: Building a learning Culture in a football Club.

If we don't understand the essence of player development, we will not understand the real need of the players, because we won't understand what/where we have to focus on.

Guest Speakers : JOAN VILA (Barcelona FC). JUAN LUIS MARTINEZ (Real Madrid). (JOSE MARI AMORRORTU) Athletic Club de Bilbao. RUBEN JONKIND (Ajax De Amsterdam). PACO SEIRUL-LO VARGAS (Barcelona FC)

What is a team? Is a team essentially a system of human relationships? How Do people operate within a team? That means, how I am within the team, how are my relationships with other professionals. It has to do with my beliefs, interests, desires and fears. What are the keys to build a team? Where the place of the sport psychology within the staff?

17'30

TRAINING FACTOR: How do we train as coaches on the pitch. Being critical of myself, knowing myself better, questioning things, ability to listen and the ability to listen to myself...

Guest Speakers: COACHES WHO WORKS IN ACADEMIES

19'00

FOOTBALL MATCH

20'30

BUILDING SYNERGIES. Dinner of Congress

SATURDAY, 28 MAY

9'30

DIALOGUE “RELATIONSHIPS WITH THE TEAM” If players of a team don't have the ability to reflect on themselves and their actions, so the team neither. Many coaches have the idea that they can work competencies macro without developing micro skills.

Guest Speakers: SABINO ECHEGARAY (Professor social psychology)

Andres Palop (Entrenador del Alcoyano FC)

10'30

CLOSING CONVERSATION

COMPETITION FACTOR: The place and role of results in talent development.

What do the results mean in training? What aspects of the competition influence coaches and how? What is success? Can there be success without progress? What are the results sustainable over time? How do we manage the score?

Guest Speakers: JIM MCGUINESS (Celtic de Glasgow)

11'30

CAFFE

12'00

CONGRESS CONCLUSIONS

THE EMERGING FUTURE: Where are we heading to and what's emerging/happening right now? Understanding uncertainty and complexity in the development process of the people.

How do the new ideas, the different ideas are coming into the world of football? What is the function of the change?

How do we deal with change? How does this affect our work as psychologists, coaches, coordinators?

Guest Speakers: JAVIER GARCÍA DE ANDOIN Educator - Founding Member and Representative Indic Oriental Studies in Spain and member of the Executive Council of the CRF (Consciousness Research Foundation)

SITO ALONSO (Coach of Bilbao Basquet). ERNESTO VALVERDE (Coach of Athletic Club de Bilbao)



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